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## FOR IMMEDIATE RELEASE



## TWIN CITIES VEG FEST FREE CONCERT

Celebrate Compassion

Proving compassionate people come from all walks in life, Twin Cities Veg Fest 2013 will feature a concert including hardcore legends In Defence, acclaimed singer-songwriter Alison Scott, rapper Sean Anonymous and local post-punkers Sleepyhead. The concert will take place during Twin Cities Veg Fest on October 26, 2013 10am - 4pm. The concert will be held at The Whole Music Club in Coffman Memorial Union and is free to attend.

In Defence plays a mix of old school hardcore punk with elements of thrash metal. They sing about tacos, moshing and other things that matter in life. These taco punks are here to tear the place down. Mile a minute drums, racecar guitar riffs and a vocal presence that will bring you away from the keg in the back corner of the basement. For more information about In Defence, see <http://indefence.org>.

Alison Scott is the strongest voice to come out of Minneapolis in many years and her soulful, organic sound has quietly built a very large and loyal following. Alison has become one of the most popular live acts in Minneapolis; she has sold out the Dakota Jazz Club over a dozen shows in a row, and is now filling 500 seat theaters. Alison's releases have sold over 12,000 units and counting. She is starting work on her fifth release, a holiday album to be released later in 2013 in conjunction with a series of theater shows. For more information about Alison Scott, see <http://alisonscott.com>.

Sean Anonymous first found success with the groups Wide Eyes and Bottom Feeders. He released his solo debut album Anonymo in 2012 and since then he's performed on the Warped Tour, opened for Macklemore at SXSW, and performed at Minneapolis's own First Ave. For more information about Sean Anonymous, see <http://seananonymous.bandcamp.com>.

Sleepyhead is a Minneapolis based alternative rock band influenced by the great Midwest, pine trees and Third Eye Blind. For more information about Sleepyhead, see <http://sleepyheadpunx.bandcamp.com>.

Twin Cities Veg Fest is a free event for anyone and everyone – omnivores, vegetarians, and vegans alike. The first Veg Fest held last year was met with a turnout of over 1,200 people. The first 1,000 attendees will receive a free Twin Cities Veg Fest gift bag. Attendees will also enjoy free vegan food samples as well as delicious vegan meals offered by local food vendors. For more information, go to <http://TCVegFest.com>.

Twin Cities Veg Fest is sponsored by Yelp, Way Better Snacks, and Carole and Stan Feldman in memory of their son Kenny.

Twin Cities Veg Fest is a program of Compassionate Action for Animals (CAA), an animal advocacy organization dedicated to improving the lives of farmed animals by encouraging consumers to move towards a plant-based diet. Founded in 1998, CAA exposes the cruelties of modern animal agriculture, provides resources on vegan nutrition, cooking, and eating out, and organizes social events.

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If you'd like more information about Twin Cities Veg Fest, or to schedule an interview with one of the organizers, call 612 276-2242 or email [info@tcvegfest.com](mailto:info@tcvegfest.com).